2022-23 Freshman Elective Course Descriptions

PHYSICAL EDUCATION & LIFETIME WELLNESS

<u>**PE**</u> – Learn a variety of individual and dual sports, team sports, outdoor, and fitness activities.

<u>Lifetime Wellness</u> - Lifetime Wellness is a one-unit course required for graduation. The goal of Lifetime Wellness is for students to learn a lifelong process of positive lifestyle management that seeks to integrate the emotional, social, intellectual, and physical dimensions of self for a longer, more productive and higher quality of life.

<u> IROTC - Junior Reserve Officer Training Corps</u>

<u>IROTC</u> – Develop leadership skills, help young people become better citizens, build confidence, develop lifetime wellness skills, and patriotism. Two semesters of JRTOC will satisfy both the 'Lifetime Wellness' and 'Physical Education' graduation requirements.

FINE ARTS

Female Chorus – Learn about singing, create our own arrangements, and learn basic sight-reading and piano skills. We have a lot of fun. **Male Chorus** – Learn how to be a musical team. We learn about being confident manly singers. We learn basic piano and sight-reading skills. We have a lot of fun too.

<u>Vocal Music/Mixed Chorus</u> – Sing, learn to sight read, learn to play a vocal part on piano, learn about music, and deepen our understanding of music's connection to language and history. We also have a lot of fun. *Prerequisite: Female or Male Chorus*<u>Theater Arts 1</u> - Study various elements of performance, stagecraft, etc. Class is performance and creativity-based.

<u>Visual Art 1</u> - Take a four part approach to learning about visual art through art-making, art history, and art criticism. We work in a variety of mediums like painting, drawing, pastels, charcoal, clay, and others.

General Music – Listen to all types of music, create instruments from common household items, participate in class debates on controversial music topics. Types of music we include in class are broadway music, rock, jazz, folk, classical, and other popular music. *Development of Rock & Roll* – Study the historical and cultural relationships between the development of American culture and society and developments in folk, classical, jazz, and other genres of popular music since the Civil War.

Marching Band (Fall Semester Band) – A performance-based class open for all 9^{th} – 12^{th} grade students with instrumental music experience. All levels of musicians can be successful in this class. The first half of the semester is spent learning the marching show to be performed at football games as well as competitions. Students are expected to attend band camp as well as after school rehearsals that will last through October. After football season is over, students will participate in a concert band style practice. There will be no after school rehearsals after October. Students who participate in marching band will also receive a $\frac{1}{2}$ credit of PE.

Concert Band (Spring Semester Band) – A performance-based class open for all 9th-12th grade students with instrumental experience. All woodwind, brass, and percussion students are accepted. All levels of musicians can be successful in this class. Students will spend the first half of the semester working on concert music and preparing for Concert Festival. The second half of the semester will be focused on preparing for a Spring Concert and Graduation performances. There are no after school rehearsals for this class.

Color Guard/Band Flag Corp - Audition required.

CAREER & TECHNICAL EDUCATION

<u>Auto Maintenance & Repair 1</u> – Learn how an automobile works and how to perform light maintenance and repairs.

Health Science – Learn basic first-aid, how to perform vital signs, introduction to Anatomy & Physiology, nutrition, and explore several different careers in the healthcare field. All of this is taught with hands on activities.

Fundamentals of Construction – Learn to use hand and power tools. In this beginner level course we practice using tools by building corn hole boards, dog houses, chicken coops, etc.

Intro to Business and Marketing – Students prepare for the growing complexities of the business world by examining basic principles of business, marketing, and finance in addition to exploring key aspects of leadership, ethical, and social responsibilities and careers.

<u>Computer Applications</u> – In this class we build the foundations for careers in computer science. Our students learn how to use internet browsers, search engines, and Microsoft Office products.

Computer Science Foundations – Explore information technology occupations and pathways, such as networking systems, programming and software development and web design. This class is a prerequisite for Web Design Foundation and Programming and Logic I.

Architectural & Engineering Design 1 – Learn introductory skills in board drafting and Computer Aided Drafting, CAD. Explore a variety of careers that incorporate CAD.

Intro to Human Studies – Learn about human needs through a variety of activities which include preparing and eating food, sewing by hand, and sewing with a machine. In addition, career investigation, mental health, and communication will be covered.

<u>Criminal Justice 1</u> - An introductory course designed to prepare students to pursue careers in the fields of law enforcement, legal services, corrections, and security. Students will identify careers in these fields, study the laws that govern the application of justice, and draw key connections between the history of the criminal justice system and the modern legal system.

WORLD LANGUAGE & HUMANITIES

French 1 & 2 – Interested in acquiring knowledge of the French language and culture? Learn vocabulary, grammar, and translation skills while studying the historical and cultural values of France. (must be in Hon English 1 & must select both French 1 & 2) Honors French 2 – Further develop reading, writing, listening, and speaking skills and the study of French literature and culture. Prerequisite: French 1 in 8th Grade (will take during Enrichment) Honors Spanish 2 – Further develop reading, writing, listening, and speaking skills and the study of Spanish literature and culture. Prerequisite: Spanish 1 in 8th Grade (will take during Enrichment)

Participation in after school activities is required for Female Chorus, Male Chorus, Mixed Chorus, Theater Arts, Marching Band, and Concert Band.